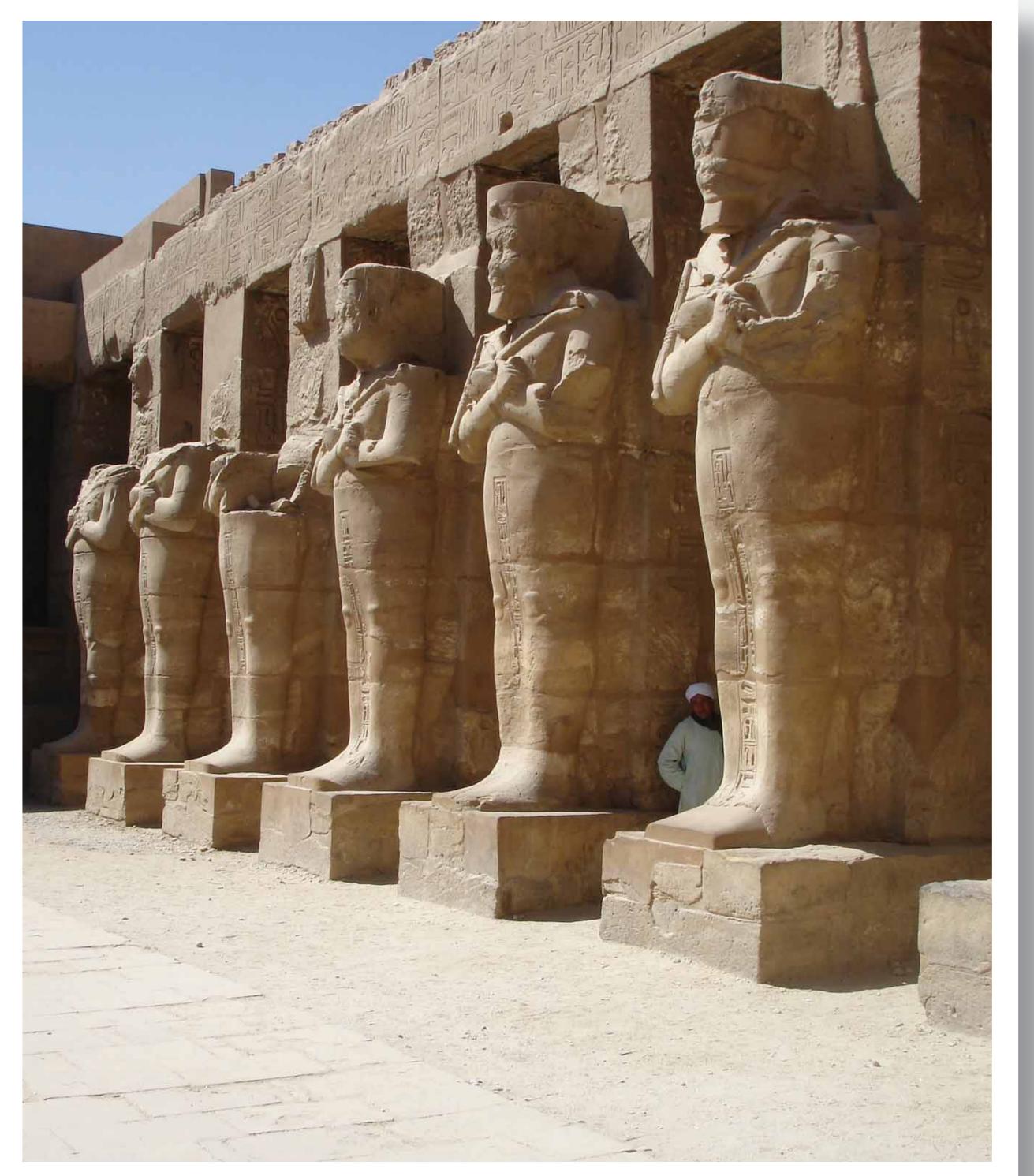
Promoting and supporting the work of 122 member associations in 92 countries around the world

EGYPTIAN EPILEPSY ASSOCIATION, EGYPT



POPULATION (JULY 2007 EST.) 80,335,036

ETHNIC GROUPS Egyptian, Bedouin Arab, Nubian



RELIGIONS Muslim 90%, Coptic Christian 9%, other Christian 1%

LANGUAGES Arabic (official), English, French

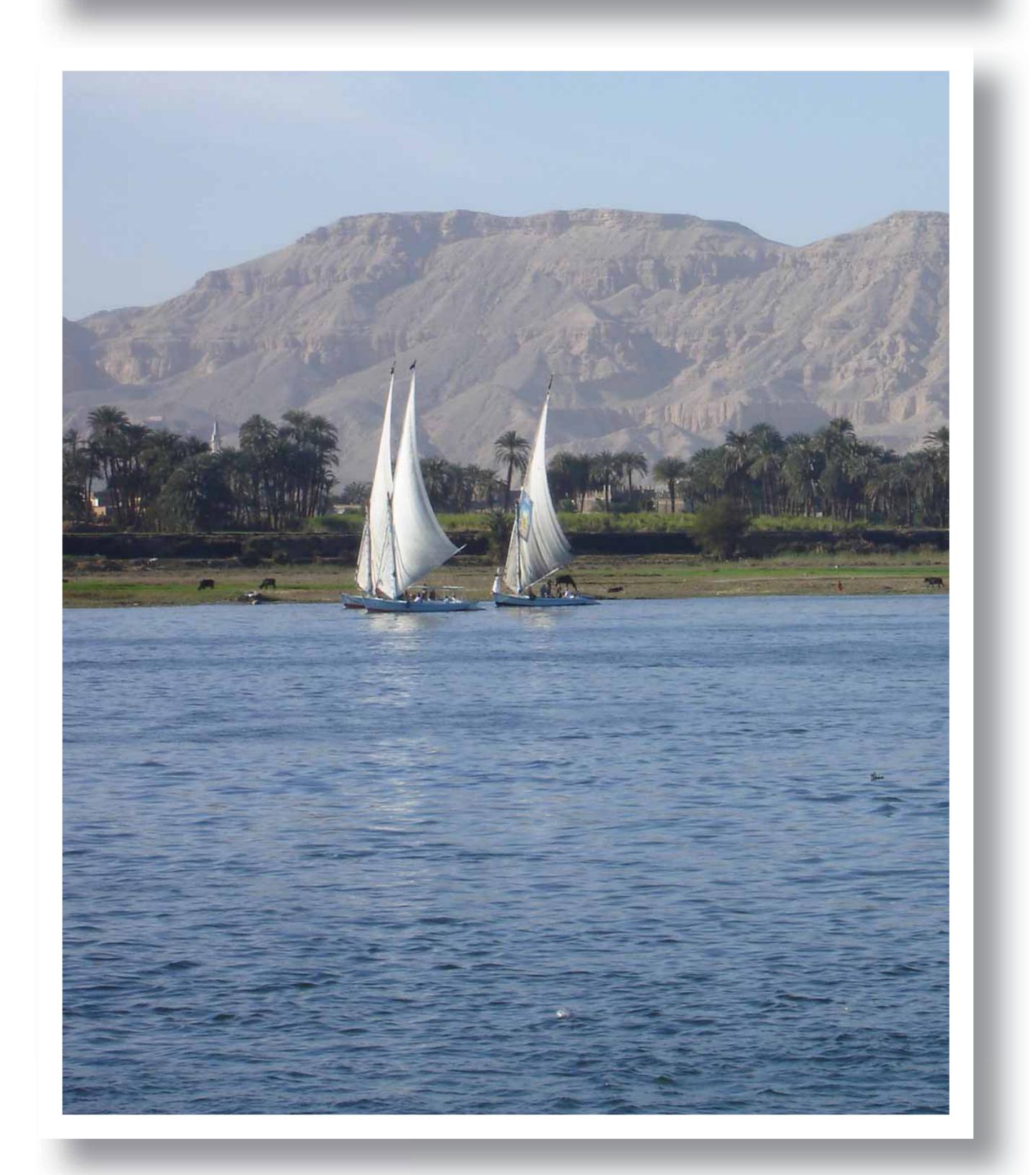
EDUCATION Years Compulsory – Ages 6-15

LITERACY Total Adult 58%

HEALTH: INFANT MORTALITY RATE (2006 EST.) 31.33 deaths/1,000 live births

LIFE EXPECTANCY (2006 EST.) 71 years

Egypt is the most populous country in the Arab world and the second-most populous on the African continent. Nearly all of the country's 80 million people live in Cairo and Alexandria; elsewhere on the banks of the Nile; in the Nile delta, which fans out north of Cairo; and along the Suez Canal. These regions are among the world's most densely populated, containing an average of over 3,820 persons per square mile (1,540 per sq. km.), as compared to about 200 persons per square mile for the country as a whole.



CONTACT DETAILS

Egyptian Epilepsy Association, 40 Safeya Zaghlol Street, Alexandria 21111, Egypt. T: +20 3303 3338 hhosny@internetegypt.com Contact: Dr Hassan Hosny





Promoting and supporting the work of 122 member associations in 92 countries around the world

IRANIAN EPILEPSY ASSOCIATION

DATE ORGANISATION WAS CREATED January 21, 1996



DATE ORGANISATION FIRST AFFILIATED TO IBE 1998

TYPE OF ORGANISATION

Non-Governmental Organisation, Individual Membership

MISSION

Enhance the health level of society with regards to epilepsy and improve productivity of people with epilepsy.

GOALS

- Help improve diagnostic and treatment methods of epilepsy
- Cooperate in physical, mental and social rehabilitation of patients with epilepsy
- Help improve the patients quality of life

STATISTICS

It has been estimated that 1% of total population in Iran has

epilepsy. So it must be considered that 700.000 people with epilepsy live in Iran. However the number of IEA members is:

- 5396 People with epilepsy till April 2011
- 561 Neurologists 369 Špecialists 282 GP 457 Volunteers

REGULAR ANNUAL ACTIVITIES

- Professional Epilepsy Seminar with professional certification and Epilepsy Workshop for specialists and physicians.
- Two Epilepsy Congresses for public awareness
- Published 4 Volumes of "Health and Epilepsy" Journal
- Arranging fun tours for people with epilepsy.
- Celebration 21st January as National Epilepsy Day in Iran
- Medical Insurance and medical loan for people with epilepsy
- Educational sessions for people with epilepsy and their family.

SPECIAL ACTIVITIES DURING 2009 AND 2010

- Competitions in "Epilepsy in Literature" in high school students with the co-operation of the Educational Ministry in order to increase awareness toward epilepsy among students.
- Plan and hold the First Kite Festival on Sept. 15, 2011 with kites with special slogans such as "Wings of Hope", "Out the Shadows" etc. More than 20 kites took part in the competition.



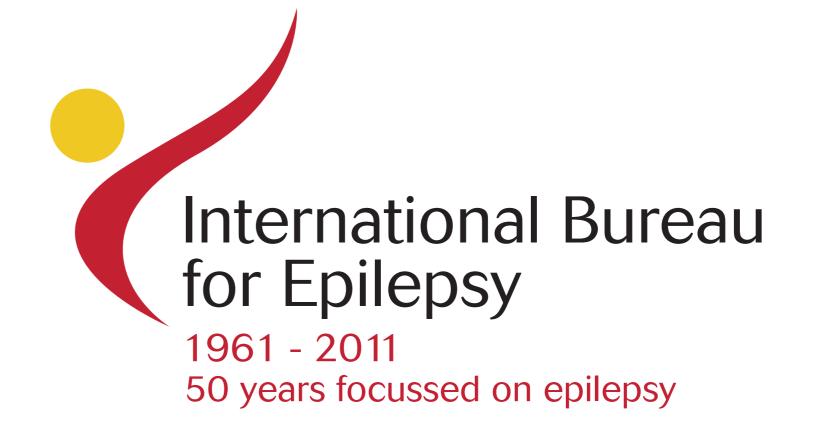
• Effective Communication and Personal Growth Skills with Life Language classes were taught by Mr Kamran Rahimian as Nonviolent Communication (NVC) for raising awareness, sympathy and showing how

to deal appropriately with members.

CONTACT DETAILS

Name: Dr Shahram Abootalebi Address: No 1352, Resalat Exp, Tehran, Iran Phone number: 98 21 88463271-3 Fax: 98 21 88463377 Web Site: www.iranepi.org E-mail: iranepi@gmail.com







Promoting and supporting the work of 122 member associations in 92 countries around the world

THE ASSOCIATION FOR CARE OF PEOPLE WITH EPILEPSY IN LEBANON



ORGANISATION'S NAME AND COUNTRY OF OPERATION The Association for Care of People with Epilepsy in Lebanon.

DATE ORGANISATION WAS CREATED 2001 and first affiliated with IBE in 2005.

RANGE OF OPERATIONS Our Association's range of operation is national but we aim to work at a regional level.

MISSION STATEMENT AND GOALS OF OUR ASSOCIATION

To support patients with epilepsy medically, socially and technically so they can become independent and productive social entities.

OUR GOALS ARE TO

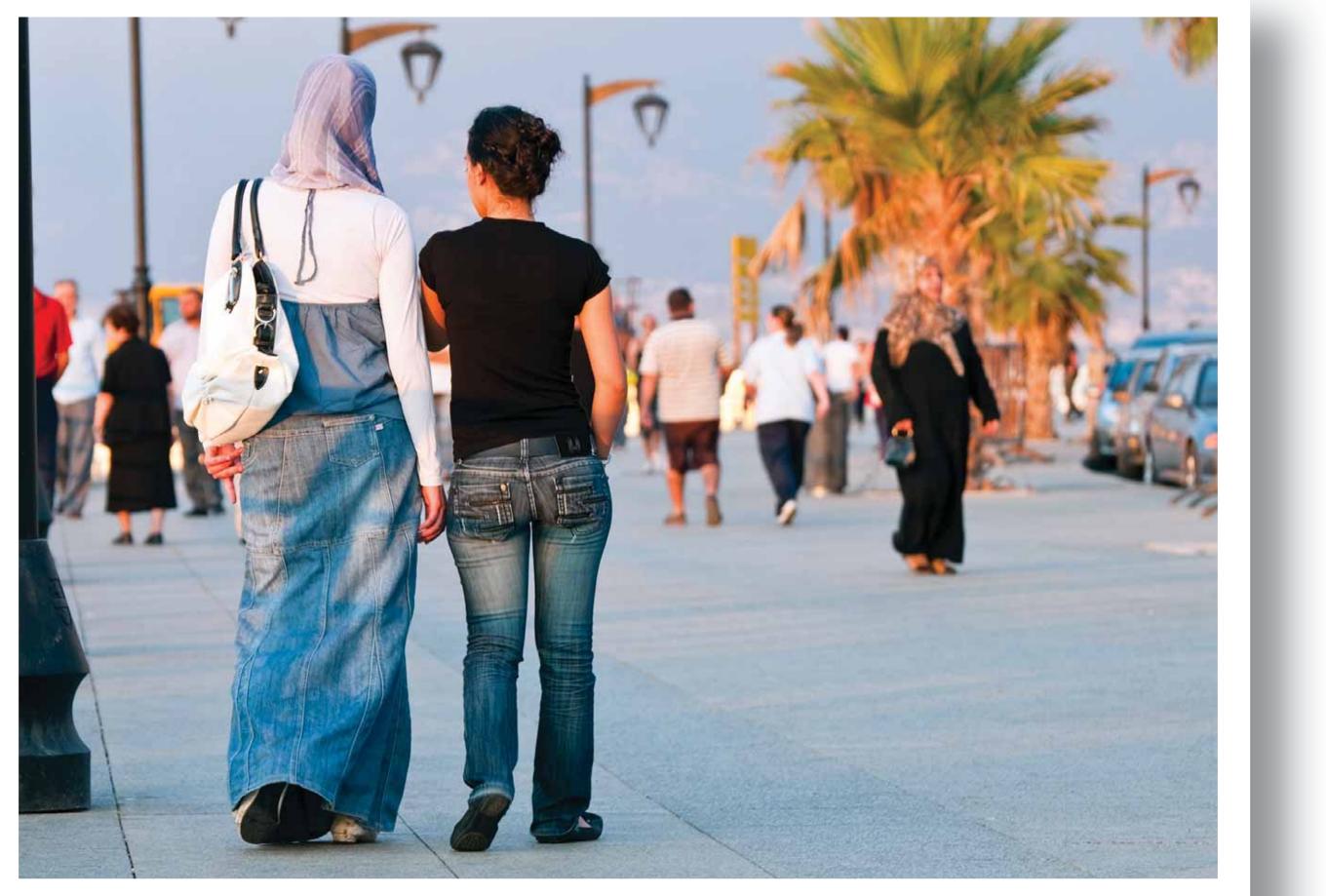
- Spread the knowledge that people with epilepsy are individuals with Special Educational Needs that should be perceived as normal individuals rather than be marginalized or misperceived;
- Help people with epilepsy reach their full potentials and gain their due respect and appreciation from society and thus raise their self-esteem and morale;
- Help them get their due chances to work and be independent;
- Save their parents and families from suffering from negative repercussions of their fate;
 Our farfetched goal is to support the patients` parents not only by offering them training and jobs, but also supporting them educationally and psychologically;

CAMPAIGN ACTIVITIES

Our latest project is aimed to start a new awareness campaign, spread knowledge about epilepsy to the wider community, and invite people to visit our association. Participants are secondary students in private as well as public schools in the capital of South Lebanon and many schools in the south. Participants in the competition will answer 31 questions that relate scientifically to "Epilepsy". When the questionnaire is collected and corrected, the students who receive the highest score will receive the prize during a cocktail that we will schedule for the purpose of the formal inauguration of the ECAL project. A unique service is supporting epileptic people with both medication and technical training to enable them to be independent and productive members of society.

OUR ASSOCIATION IS THE ONLY ORGANISATION THAT WORKS FOR PATIENTS WITH EPILEPSY IN LEBANON

The Ministry of Public Health, Ministry of Social Affairs and Ministry of Education can never support this social group unless the government recovers from austerity budgets, which will not happen in the near future. We stand out as the sole reference for provision of services for people with epilepsy in Lebanon.



CONTACT DETAILS

Details of a contact person for international liaison:
Name: Nahida Al Assi
Address: Mokaddam Bldg., first floor, Mechref village main road, North of Mechref Club, Damour, Chouf, Lebanon
E-mail: nahida.assi@gmail.com; nahida.elassi@hotmail.com





Promoting and supporting the work of 122 member associations in 92 countries around the world





THE HISTORY OF THE MAAP

- The MAAE was the continuation of regional league against epilepsy of Marrakech,
- Created by professor Najib Kissani on 2001, the MAAE is a non lucrative association without any political or religious interest,
- In the beginning the activities of the MAAE covered just the city of Marrakech and its region since October 2001,
- From 2005 the association became a national one.

GOALS OF THE ASSOCIATION

- To improve conditions of prevention, diagnosis and care of epilepsy, to help and assist epileptic patients and to reinsert them socio-professionally.
- To promote and develop knowledge and research relating to epilepsy and to diffuse it throughout the country.
- To establish collaboration with the national and international organisations, associations, foundations, publicly
 - owned establishments or private.

WHAT MOTIVATED THE CREATION OF THIS ASSOCIATION?

- Poor knowledge about epilepsy in Morocco, especially in south Morocco,
- The wide use of maraboutic methods in our citizens (demonstrated by 2 studies, 1st in Casablanca (1999, about 600 epileptic patients), and 2nd in Marrakech (2003, about 230 epileptic patients), showing that 60 to 74% of our epileptic patients have used at least once traditional practices before a medical consultation
- There are many reasons for that:
- Lack in access to health structures in the countryside
- Socio-economical low level in Marrakech region (tourism and agriculture are the most predominant economical activities)
- Some traditional considerations and habits,
- Instruction very low level in rural countryside
- Low cost and accessibility of traditional medicine,
- Low intellectual level (50 % of population are illiterate)
- In Morocco as in many other developing countries, people with epilepsy are discriminated at work and social relationships.

HOW DOES THIS SOCIETY FUNCTION?

- The general assembly elect an administrative committee (14 to 18 members),
- The administrative committee elect the bureau (5 or 7 members),
- Each 2 years, the 1/3 of administrative committee is changed by the general assembly
- The MAAE has 3 commissions :
- Socio-Psycho-Educative Commission
- Scientific Commission
- Commission of communication
- The MAAE is allowed to create delegations in any city of Morocco, • Each delegation is directed by a local committee, supervised by the MAAE
 - bureau.

PERSPECTIVES OF THE MOROCCAN SOCIETY AGAINST EPILEPSY

- To continue our programme of outreach clinics in southern Morocco,
- Trying to start surgery of epilepsy in Morocco,
- Reactulization of the driving licence legislation especially for epilepsy legislation has not been actualized since 1975,
- To diffuse our experience to other Subsaharian countries: In which the difficulties are huge, - The specialists are absent or very few, - The epileptic patients are seen just by healrs, - The general practitioners are not intersted... • The experience of Moroccan society against epilepsy is very useful in improving management of epilepsy especially by implicating GPs in its management, • This experience should be generalized in all Morocco, than diffused especially in some developing countries (especially in Africa).





CONTACT DETAILS

- Dr. Najib Kissani
- Professor in Neurology
- Head of Neurology Department
- President of MAAE and of East Mediterranean Regional Committee of IBE (International Bureau of Epilepsy)
- CHU Mohamed VI, Marrakech; Morocco
- +212(5) 24434908 Phone: +212(5) 24434908 Fax:
- Mobile phone +212(6) 63081035 najibkis@gmail.com E-mail:





Promoting and supporting the work of 122 member associations in 92 countries around the world





In 1985, a group of mental health professionals headed by Prof Haroon Rashid Chaudhry set up a free epilepsy clinic run by FLAME (First Liberated Action Movement Against Epilepsy) at Ahbab Hospital, situated in the urban slums of Lahore. It is the oldest epilepsy clinic in the country for people with epilepsy and has been providing services since 1985.

Since its inception people with epilepsy have attended the clinic from all regions of Pakistan as well as from Kashmir and Afghanistan.

The visiting team comprises a neuropsychiatrist, medical officers, psychologists, students and housewives. Detailed history and clinical examinations are taken by medical officers. After diagnosis, medicines are prescribed by the consultant neuropsychiatrists; counseling services are provided by psychologists; representatives of pharmaceutical companies and students help in distributing free Anti Epileptic Drugs (AEDs). Volunteers, mainly housewives sitting in a separate room, provide free AEDs and social workers give brief information about balanced diet and necessary daily life precautions for the person with epilepsy.

The educational programmes for people with epilepsy and their families are conducted quarterly at Fountain House (a well-known rehabilitation facility). People with epilepsy, their families, eminent scholars, teachers, students, journalists, members of the media, politicians, sportsmen and mental health professionals participate annually in these programs, representing the entire country.

In these educational programmes, the following issues are addressed:

- Diagnosis and treatment
- Dietary and driving precautions
- Career selection
- Marriage and pregnancy
 Family history of epilepsy and risk attached to first cousin marriage
- Role of caregivers
- Leisure and sport activities



Approximately 200 patients attend this facility every week. This number is increasing gradually, possibly due to large numbers of referrals from former patients, to the regularity of the service or to free availability of AEDs. The AEDs are purchased using donations from philanthropists, community leaders and affluent people, as part of their Zakat (two and a half percent of Annual Income which is given in charity) and Khirat (Charity given to the poor). Representatives of pharmaceutical companies also help by providing free medicines in bulk so that a large numbers of patients are assisted. The work of the clinic provides an excellent model of community involvement in a developing country.

It was with great sadness that IBE learned of the death of Prof Haroon Rashid Chaudhry in 2010.

CONTACT DETAILS

FLAME, 83 Shah Jamal Colony Lahore, Pakistan. T: +92 4275 81724 pprc@wol.net.pk Contact: Dr Afzal Javed







Promoting and supporting the work of 122 member associations in 92 countries around the world



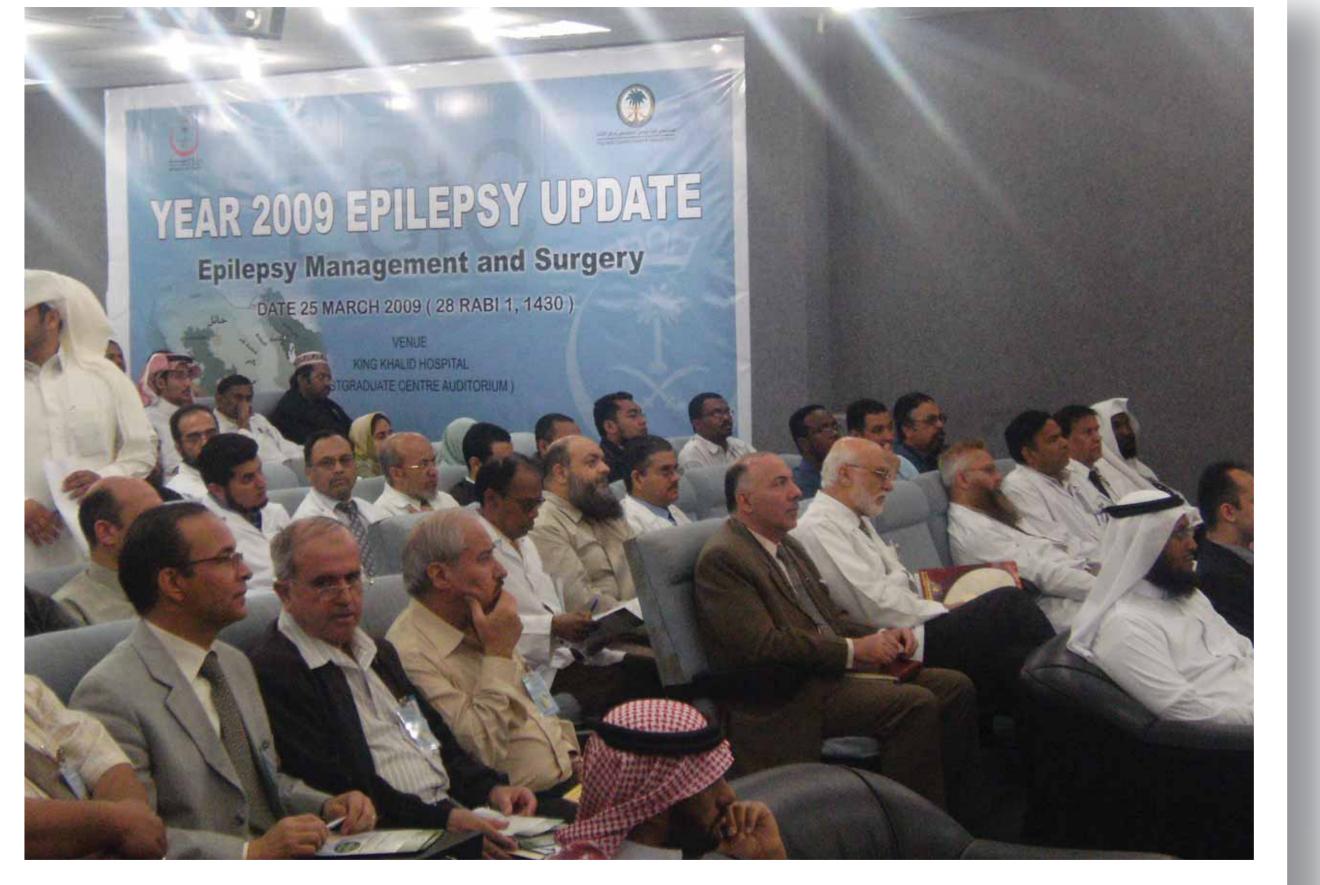




Saudi Arabia

DATE ORGANISATION WAS CREATED 1998

DATE ORGANISATION WAS FIRST AFFILIATED WITH THE IBE 2001 – Full Chapter Member



TYPE OF ORGANISATION Volunteer – Non Membership

RANGE OF OPERATION National, Regional and International

MISSION

To promote increased awareness and understanding of epilepsy, and to facilitate a better quality of life for individuals with epilepsy by reducing stigma and promoting improved treatment for people with epilepsy.

GOALS

To promote increased patient education and support for families of individuals with epilepsy
To promote increased community awareness, understanding and acceptance of epilepsy
To reduce the stigma and misunderstanding surrounding epilepsy
To highlight the needs of children with epilepsy

• To promote improved medical care and strengthen medical emergency response to epilepsy

• To advocate integration of individuals with epilepsy as productive, contributing members of the community.

 To encourage community volunteerism and the involvement of individuals with epilepsy in achieving the above stated objectives.

REGULAR ANNUAL ACTIVITIES

To promote **Patient Education**, ESIC Regular publishes and distributes a wide variety of educational materials including brochures, booklets and multimedia materials — to individuals, healthcare institutions and other organisations – nationally, regionally and internationally. ESIC also organises a variety of educational public information lectures about epilepsy,

Teacher Awareness Program (Tap): Tap is an ongoing Public Awareness Program designed to educate teachers, students and other staff members about epilepsy: addressing many of the common misunderstandings and presenting seizure types and seizure first aid.

Family Festival for Epilepsy Awareness: Each year ESIC organises a Festival to promote increased awareness and understanding of epilepsy in the community, and to highlight the needs of individuals with epilepsy and their families. This successful event is open to the public and mingles games and entertainment for families with educational activities about epilepsy.

Epilepsy Symposiums: Each year, ESIC organises a regular series of **"Epilepsy Updates for Primary Healthcare Professionals".** The goal of these full-day CME accredited symposiums is to promote earlier recognition and diagnosis of new cases of epilepsy, improved treatment and management of epilepsy, at the primary healthcare level and to strengthen medical emergency response to seizures. In an effort to reach as many physicians as possible, ESIC targets new cities each year making a particular effort to target some of the more remote areas of the country.

STATISTICS

ESIC has an open membership policy that enables and encourages the voluntary involvement of individuals and organisations at all levels. ESIC volunteers include HealthCare Professionals, Individuals with Epilepsy and Family Members, Students, Teachers, and Professionals from Government Ministries and Private Companies.

CONTACT DETAILS

Name: Dr. Abdulaziz Al-Semari Address: PO Box 3354, MBC 76, Riyadh, 11211, Saudi Arabia E-mail: epilepsy@epilepsyinarabic.com Website: http://www.epilepsyinarabic.com





Promoting and supporting the work of 122 member associations in 92 countries around the world

ASSOCIATION TUNISIENNE DE LUTTE CONTRE L'EPILEPSIE



The Tunisian Association Against Epilepsy (ATLCE) was established in 1995. The association focuses on both medical and social issues related to epilepsy. The committee comprises 15 members elected for a four year term of office. ATLCE is open for membership to all those interested in epilepsy.

THE OBJECTIVES OF ATLCA ARE

- To assist people with epilepsy with their treatment and care
- To improve awareness and understanding of epilepsy
- To create institutions to ensure that people with epilepsy can access education, up to and including university level
- To promote social actions for the integration of persons with epilepsy in appropriate professional careers
- To publish a regular quarterly bulletin.
- To achieve these objectives, we are interested in the training of doctors and paramedics, and in educating people with epilepsy, parents and carers about epilepsy. In order to do so, ATLCE arranges information seminars:
- For parents of children with epilepsy we explain the importance of hygiene and the need to seek urgent assistance in the case of a seizure.
- For teachers and specialist carers who care for people with a physical or mental disability and epilepsy, we provide training to ensure that they can provide the best possible care.
 For primary school teachers we provide first aid training so that they are aware of what to do should a pupil have a seizure in class.
- ATLCE participated in the production of a film titled "Zouhour smiles in the dark". The film tells the story of a young girl who has epilepsy who relates the constraints she meets in her life as a young girl, as a teenager and then as an adult who wants to have children but fears that they will be born with malformations caused by her epilepsy medication. The film is screened in cinema clubs and followed by discussion.





And call was made on the quality of life of mothers of children with epilepsy and for medical students to study the perception of epilepsy by privileged society.

CONTACT DETAILS

President : Dr Chahnez Charfi Triki Service de neurologie EPS H.Bourguiba 3029 Sfax Tunisie Fax : + 216 74 651 975 Chahnez.charfi@rns.tn





Promoting and supporting the work of 122 member associations in 92 countries around the world





EASTERN MEDITERRANEAN REGION

Iranian Epilepsy Association Association of Care of People with Epilepsy Association Marocaine contre l'Epilepsie **SAUDI ARABIA** Epilepsy Support and Information Centre **Tunisian Epilepsy Association** TUNISIA



