

FREE EPILEPSY CLINIC – LAHORE, PAKISTAN

Ahbab Hospital Ravi Road, Lahore,
Founded in 1985

Facility provided with the help of two NGOs, FLAME (First Librated action Movement against Epilepsy), PEACE (Project for Environmental Protection, Anti-Narcotics and Community Education) with the collaboration of the psychiatry Department of Fatima Jinnah Medical College, Sir Ganga Ram Hospital, Lahore.

LOCATION

This clinic is situated in the urban slums of Lahore, Pakistan.

MEMBER OF VISITING TEAM

Visiting team comprises of Neuro-psychiatrist, Medical Officers, Psychologists, Pharmaceuticals representatives, students and house wives.



NUMBER OF PATIENTS ATTENDING THE FACILITY

Approximately 200 patients attend this facility every week and they are provided with free medicines. This number is increasing gradually possibly due to large number of referrals from old patients or due to regularly of the service and availability of free medicines.



SERVICES PROVIDED

Detailed history and clinical examination is done by Medical Officers, medicines are prescribed by the Neuropsychiatrist, counseling services are provided by psychologists.

Representatives of pharmaceuticals companies and students help in distributing free medicines. Volunteers mainly house wives give brief information about balance diet, healthy life styles, personal hygiene and benefits of religious practices.

TRAINING / EDUCATION FOR PEOPLE WITH EPILEPSY, CAREGIVERS AND PARAMEDICALS

The educational programmes are conducted for patients and their families quarterly within the premises of this hospital and annually at Fountain House, Lahore.

These programmes are attended by the patients and their families, eminent personality teachers, students, writers, journalists, artists, politicians, sportsmen as well as mental health professionals.

The aim of these programmes is to educate and provide awareness to the general public about mental health issues with special emphasis to introduction to common psychiatric disorders in children and adults.

MEDICINE SUBSIDIARY

The medicines are purchased from the donation of philanthropists and affluent people as part of their Zakat (two and a half percent of annual income which is given in charity) and Khirat (charity given to the poor).

Representatives of the well reputed pharmaceutical companies also help by providing medicines on a fairly good discount as well as large bulk of samples of their products.

RESEARCH STUDIES

During the last 24 years, many research studies have been conducted and published in well reputed national and international journals.

Prof. Haroon Rashid Chaudhry

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Fatima Jinnah Medical College Sir Ganga Ram Hospital, Lahore

President, Pakistan Psychiatric Society

Honorary Executive Director, Fountain House, Lahore.

General Secretary, South Asian Forum (Pakistan-Chapter)

Member, WPA Operational Committee on Scientific Meetings

VP, World Federation for Mental Health, Eastern Mediterranean Region

General Secretary, SAARC Psychiatric Federation