



International Bureau for Epilepsy

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April 10th, 2015

Martin Schulz, President
and Members of the European Parliament,
Brussels, Belgium

Re: Request to oppose the European Citizen's Initiative "Stop Vivisection"

Honorable President and Members of the European Parliament,

We strongly urge the European Parliament and Commission to oppose the "Stop Vivisection" Citizens' Initiative submitted in March 2015 that requests to abrogate the directive 2010/63/EU of the European Parliament and of the council of 22 September 2010 ¹ and ban animal research. We support the existing directive 2010/63/EU that provides for ethical and justified use of animals for biomedical research while allowing the progress in scientific advances that have significantly benefited both human and veterinarian care. Adopting the initiative's proposal to stop animal research would have deleterious effects in the progress of medical research at a critical time when the research and medical community urges for collaboration towards finding better cures for devastating diseases that affect living beings of all ages. As a result, a ban on animal experimentation would:

- (a) drastically halt our efforts to find better and safer treatments for both humans and animals under veterinarian care,
- (b) expose humans to unnecessary harm by exposing them to chemicals that have not undergone the usual safety and toxicology testing in animals,
- (c) would deprive the research tool armamentarium from model systems that can be used rigorously to obtain information on the effects of specific genes, signaling pathways, and

candidate treatments within a live complex organism, and prepare the field for human experimentation.

We would like to specifically address the points raised in the “European’s Citizens’ Initiative – Stop Vivisection” (<http://www.stopvivisection.eu>) which do not accurately represent the reality.

Point 1: “there are solid scientific principles that invalidate the “animal model” for predicting human response; indeed, statistical analysis provides empirical evidence in support of this decision.”

Animal studies have successfully predicted human responses in studies evaluating drugs for their anticonvulsant effects. Specifically for epilepsy, the vast majority of antiepileptic drugs (~ 30) that are currently in clinical practice have been tested and validated in animal studies prior to entering clinical use. Only the Anticonvulsant Screening Program (ASP) of the National Institutes of Health / National Institute of Neurological Disorders and Stroke (NIH/NINDS), using animal models of seizures, has successfully identified 9 drugs that are currently considered standards of care for people with seizures². Of equal importance, many drugs identified through animal studies are also standards of care for animals that are under veterinarian care for seizures³. The continuing efforts to provide more effective antiepileptic drugs may therefore provide a better alternative to animals that may be faced with euthanasia due to frequent seizures⁴.

We acknowledge that there is an ongoing discussion on how to improve the predictive power of animal studies and deliver better therapies. The International League Against Epilepsy (ILEA) has indeed formulated specific Task Forces (AES/ILAE Translational Research Task Force of the Neurobiology Commission of the ILAE) assigned to re-evaluate research strategies and optimize the way animal studies are done so that they can deliver better therapies. These discussions and efforts are meant to further advance our current successes by re-focusing animal research to meet new unmet goals, such as development of curative therapies, including for diseases that have not yet satisfactory treatments, and treatments that can improve the quality of life of those afflicted with seizures.

Point 2: “Animal experimentation can therefore be considered as posing a danger to human health and the environment”

Safety and toxicological studies in animals are required by regulatory bodies to ensure that candidate treatments under development do not have adverse effects that could harm patients or offspring of pregnant women who might have to be treated with them. Although due to species differences, animal studies cannot predict all human potential adverse effects, animal testing has been able to predict 2/3 of toxic side effects seen in humans⁵. Animal safety / toxicology studies are effectively filtering out compounds that could cause serious side effects, including carcinogenesis, teratogenesis, cardiac toxicity, lethality, cognitive impairment. Failure to meet these high regulatory safety and toxicology testing is indeed the number one reason that tested compounds do not enter clinical testing.

Point 3: “Animal experimentation can therefore be considered as constituting a hindrance to the development of new methods in biomedical research, based on the most recent scientific advances and an obstacle to tapping into much more reliable, relevant, cheaper and more efficient research methods, provided by new technologies expressly conceived for humans.”

In compliance with the directive 2010/63/EU of the European Parliament and of the council of 22 September 2010¹, animal experimentation is done under the principle that it serves a purpose that cannot be addressed through the use of other models, such as computer models or in vitro studies or studies in non sentient organisms. Computer models have been valuable tools that predict effects on well characterized networks but they cannot substitute and predict the effects (positive or negative) of drugs with known or unknown mechanisms of action on networks with the enormous complexity of the human brain that are also affected by other unpredicted biological or extrinsic factors. Therefore, animal studies are currently irreplaceable and do not hinder the use or development of other research tools and strategies, but rather complement their use so that the target mechanisms can be studied within a more complex in vivo test system.

Point 4: “Urge the European Commission to abrogate directive 2010/63/EU “on the protection of animals used for scientific purposes” and put forward a new proposal aimed at phasing out the practice of animal experimentation, making compulsory the use - in biomedical and toxicological research - of data directly relevant for the human species.”

We strongly urge the European Commission to not vote in favor of the recommendation to abrogate directive 2010/63/EU and phase out animal experimentation, because this would hinder efforts to develop treatments for potentially treatable diseases that significantly impact the quality of life of both human and animals. Currently, animal experimentation is done on areas where we do not have any reasonable and better alternative to the use of animals for biomedical and toxicological research (in accordance with directive 2010/63/EU ¹). Justification for the purpose and necessity of animal experimentation is required in every animal protocol we submit for approval prior to conducting these experiments. In many situations, human specimens or human experimentation cannot serve as an option. Specific examples in the field of Epilepsy include (but are not limited to) the following:

- 1) Understanding the pathophysiology and developing therapies for pediatric and developmental disorders: There are strict regulations for the testing of new candidate therapies in the pediatric human population, due to both safety concerns and issues about consenting such very young individuals to be tested with drugs that could have life-long impact. The response of several pediatric epilepsy syndromes to drugs cannot be predicted by the response of older individuals to this drug. A typical example is infantile spasms ⁶. In addition, several developmental disorders appear to be affected by events during gestation, whether these are due to drugs given to the pregnant mothers or other factors. Using pregnant women to solve these issues and exposing the unborn fetuses to unknown risks would therefore be unethical. In these and many other similar settings, animal experimentation is necessary.
- 2) Understanding the pathophysiology and developing therapies for rare conditions: Many conditions (e.g., genetic disorders) are very rare to allow for rigorous clinical studies. The availability of animal models of such diseases has significantly advanced the field by providing model systems to understand the pathogenesis and develop new treatments.
- 3) Human specimens are not always feasible or ethical to obtain for research: Although having human specimens for experimentation would be ideal, often this is not possible or ethical, particularly for disorders affecting vital organs, like the central nervous system. Furthermore, these specimens are of limited or very specialized nature, obtained strictly for diagnostic or treatment purposes (e.g., post-operatively) and usually when the disease is quite advanced. Often appropriate controls are not possible to obtain, rendering animal experimentation necessary.

Thank you for your kind consideration of this important matter,

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