

I am Hsiu-Wen Hu from Taiwan, and I am a person with epilepsy since sophomore. Now, I am 26 years old and have been an English teacher for over three years.

As an optimistic and outgoing person, I never mind let others know I am a person with epilepsy. Therefore, when I'm new to an environment, the first thing I do is always talking about my disease. Initially, I wasn't a compliant patient. I just didn't believe how serious problem could epilepsy cause, so I didn't take the medicine regularly. Unluckily, things didn't go that way. I kept losing awareness temporarily in my daily life, and also in my work. What's worse, convulsive seizures happened twice. The frequency was totally enough to scare me.

Since then, I realized it is essential for every persons with epilepsy to follow the doctor's prescription. If you want to say goodbye to those uncertainties, you must do it. For me, my epilepsy was under control now. Awesome, I'm so grateful for that. Thank my doctor, my family, and of course, myself.

Now, I'm an English teacher. I love my students. I teach them, I share my experiences with them. Besides, I hope I were not only their teacher but friend. Therefore, I always think about the way to strike the balance between them.

I enjoy the stage. This stage means any situation I can express myself. If there is a chance, I usually take it. For examples, I take videos, hold activities, and be a host in different events!

Thanks for the precious experiences. My ability of hosting is getting better and better. When there are opportunities in Taiwan Epilepsy Association, I would be a host or do something I could help. I'm so grateful that I can be the one who is able to prove "we can do it."